## **Lawrence County School System**

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## Prepared and Distributed by

Lawrence County School System, Lawrenceburg, Tn



### TEIS

Tennessee's Early Intervention System is a voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays.

### **Principles of Early Intervention (EI)**

El supports families to help their children develop and can take place at home and in the community. Families and professionals work together to create and monitor goals written with the child and family's routine in mind.

El plans focus on helping children become more social, explore their surroundings and become more independent. The goals and strategies are monitored to

be sure they are effective, and the providers working with families are held to high standards. Early intervention is crucial for providing a good education to children with special needs.

## How can parents help?

Fostering independence in your child is important to his or her development.

Encourage your child to speak for him or herself.

Honor your child's decisions whenever possible.

Teach your child that mistakes are opportunities to learn.

Assist your child in problem solving.

Care for your child's health needs.

Assure your child of your love and support.

<u>Seek professional help</u>. Help at an early age is important for babies and young children with developmental delays.



# **Developmental Checklist**

### For parents of Preschoolers

## If your child is 3 years old, can he/she do the following?

#### GROSS MOTOR SKILLS

Stand on one foot briefly? Walk on tiptoes? Catch and throw a ball? Hop? Pedal a tricycle? Walk down stairs alternating feet? Run with changes in speed? Climb a low ladder? FINE MOTOR SKILLS Attempt to draw a person? Make shapes with play dough? Use scissors to cut on a line? Work simple inset puzzles? Draw a circle and a cross? READINESS Takes part in reading by "filling in"words and phrases? Identifies self in photographs? Turn pages of a book? Point to and name simple pictures? Want to hear same story again and again?

### SELF-HELP BEHAVIORS

Hold glass with one hand? Control turning of spoon? Hold fork in fist? Remove "pull-over" clothes? Put on shoes (may be on the wrong feet)? Unzip front zippers? Button Small front buttons? Know front and back of clothes? Know when clothes are inside out? Urinate without toileting assistance? Turn faucet on/off? Wipe nose when requested to do so? Wipe up spills? Put away toys when asked? SPEECH/LANGUAGE Use negative words other than no? Speak in 5+ work sentences? Give full name, age and sex? Follow Simple directions? Sings to music? Knows a few songs or nursery rhymes? **KNOWLEDGE** Knows little/big? Sorts by basic colors? Point to legs, arems, fingers, thrumb, toes,

neck, and stomach?

